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**The Fourth Annual  
Ralph Lord Team Sportsmanship Award  
For  
Boy's Indoor Track**

The Annual Ralph Lord Team Sportsmanship Award is co-sponsored by the Massachusetts Interscholastic Athletic Association and the Massachusetts State Track Coaches Association.

This award is to be presented to two boys' indoor track teams that exemplified the qualities of sportsmanship during this season and is active in community service. One team from Division I, II combined and one team from Division III, IV combined will be honored at the M.I.A.A. state championship meet on Friday, February 24<sup>th</sup>.

The award is named after Ralph Lord who served the state track community as a member of the MIAA state track tournament committee and served as one of the top officials in our sport for years. Ralph represented the Massachusetts track community on the national level as well by serving on the National Federations rules committee. At Lexington High School he served his community in many capacities. No matter where you came in contact with Ralph you met a true gentle man who lived a life that exemplified the true meaning of a sportsman. You also met a man who gave of his services wherever they were needed. It was a constant desire of his to stress sportsmanship at every level of competition and he was a living example for us to follow.

Following is the application, which needs to be filled out and mailed for your team to be considered. Please help us by promoting this prestigious award and pass the application onto your indoor boys coach.

Applications must be received by February 7, 2006.

Boys:  
Division I and II  
Division III and IV

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**Ralph Lord**  
**Team Sportsmanship Award**  
**For**  
**Boys Indoor Track**  
Co-Sponsored by the M.I.A.A. and the M.S.T.C.A.

***Nomination Form***

School \_\_\_\_\_ Division Boys \_\_\_\_\_  
City/Town \_\_\_\_\_  
School Phone \_\_\_\_\_ School Fax \_\_\_\_\_  
Principal \_\_\_\_\_  
Athletic Director \_\_\_\_\_ A.D. Phone \_\_\_\_\_  
Coach \_\_\_\_\_ Home phone \_\_\_\_\_  
Captain(s) name \_\_\_\_\_

Please describe why you think your team should be considered for this prestigious award.  
List specific examples of acts of sportsmanship and community service that might help the committee with its selection.

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Use back of this sheet if necessary

Athletic Directors Signature \_\_\_\_\_ Date \_\_\_\_\_  
Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to: Frank Mooney, Mass State Track Coaches Association  
60 Cynthia Rd., Seekonk, MA, 02771

Please feel free to attach any further data to this application.

***NOMINATION FORMS MUST BE RECEIVED BY FEBRUARY 7, 2006***