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|-------------|------|------|---|----------|---|-----|------|----------------------|--|-------------|------|------|---|------------|---|-----|-----|-----------------------|
| Girls | Wob | Sto | | 12/15/07 | Q | Lex | 42.0 | Woburn (G) | | Boys | Wob | Sto | | 12/15/2007 | Q | Lex | 59 | Woburn (B) |
| 1st Meet | 42.0 | 44.0 | | | | @^ | 44.0 | Stoneham (G) | | 1st Meet | 59.0 | 27.0 | | | | @^ | 27 | Stoneham (B) |
| 2 mile | | | 1 | 13:09.8 | | 542 | Sto | McDonough, Erin | | 2 mile | | | 1 | 10:47.8 | | 918 | Wob | Sullivan, Matt |
| Event #1 | 1.0 | 8.0 | 2 | 13:43.3 | | 511 | Sto | Kennedy, Lauren | | Event #1 | 6.0 | 3.0 | 2 | 11:03.5 | | 507 | Sto | Fixman, Scott(Capt) |
| | | | 3 | 14:04.6 | | 952 | Wob | Christine McElhinney | | | | | 3 | 11:29.4 | | 954 | Wob | Soares, Dave |
| Non-scoring | | | 4 | 14:31.5 | | 904 | Wob | Michelle Campbell | | Non-scoring | | | 4 | 12:08.2 | | 954 | Wob | Soares, Dave |
| 1000 m | | | 1 | 3:35.2 | | 923 | Wob | Kayla Galvin | | 1000 m | | | 1 | 2:50.6 | | 917 | Wob | Sullivan, Brett |
| Event #2 | 8.0 | 1.0 | 2 | 3:38.4 | | 953 | Wob | Deb Cooper | | Event #2 | 6.0 | 3.0 | 2 | 2:54.8 | | 512 | Sto | Peters, Jeremy(Capt) |
| | | | 3 | 3:39.2 | | 578 | Sto | Lauria, Allie | | | | | 3 | 3:00.9 | | 958 | Wob | Tuminelli, Andrew |
| Non-scoring | | | 4 | 3:39.6 | | 971 | Wob | Paula Arambel | | Non-scoring | | | 4 | 3:13.6 | | 529 | Sto | Yuen, Teanny |
| 600 m | | | 1 | 1:52.2 | | 903 | Wob | Bryanna Reddy | | 600 m | | | 1 | 1:28.5 | Q | 909 | Wob | McDonough, Mike |
| Event #3 | 6.0 | 3.0 | 2 | 1:52.3 | | 523 | Sto | Havican, Taylor | | Event #3 | 8.0 | 1.0 | 2 | 1:28.8 | Q | 931 | Wob | Benchelkh, Ryad |
| | | | 3 | 1:52.4 | | 902 | Wob | Sarah Kelley | | | | | 3 | 1:31.1 | | 511 | Sto | Mohammadi, Amon(Capt) |
| Non-scoring | | | 4 | 1:55.5 | | 530 | Sto | O'Neil, Stephanie | | Non-scoring | | | 4 | 1:32.2 | | 912 | Wob | Peary, Eric |
| 300 m | | | 1 | 42.5 | Q | 528 | Sto | Izzicupo, Christina* | | 300 m | | | 1 | 38.4 | Q | 916 | Wob | Smith, Brian |
| Event #4 | 4.0 | 5.0 | 2 | 45.5 | Q | 943 | Wob | Aimee Rideout | | Event #4 | 9.0 | | 2 | 38.9 | Q | 919 | Wob | Tobin, Dan |
| | | | 3 | 45.5 | Q | 944 | Wob | Abby Connors | | | | | 3 | 40.0 | | 921 | Wob | Clark, Dave |
| Non-scoring | | | 4 | 46.7 | | 506 | Sto | Racioppi, Michelle | | Non-scoring | | | 4 | 40.2 | | 505 | Sto | DeCrescenzo, Rob |
| 1 mile | | | 1 | 5:36.2 | Q | 502 | Sto | Simeone, Ali | | 1 mile | | | 1 | 4:50.1 | | 901 | Wob | Delano, Zach |
| Event #5 | 4.0 | 5.0 | 2 | 6:04.1 | | 900 | Wob | Robin Allen | | Event #5 | 6.0 | 3.0 | 2 | 5:22.3 | | 520 | Sto | Lodato, Mark |
| | | | 3 | 6:19.3 | | 976 | Wob | Lexi Galvin | | | | | 3 | 5:24.0 | | 903 | Wob | Estabrook, Mike |
| Non-scoring | | | 4 | 6:26.8 | | 914 | Wob | Jill McElhinney | | Non-scoring | | | 4 | 5:32.4 | | 934 | Wob | Moharam, Yasser |
| Hurdles | | | 1 | 6.8 | Q | 505 | Sto | Manfra, Lindsay* | | Hurdles | | | 1 | 6.6 | | 904 | Wob | Haverty, Sean |
| Event #6 | 3.0 | 6.0 | 2 | 7.1 | | 924 | Wob | Jill Cidado | | Event #6 | 9.0 | | 2 | 6.6 | | 906 | Wob | Keane, Chris |
| | | | 3 | 7.5 | | 527 | Sto | Manfra, Christine | | | | | 3 | 6.9 | | 953 | Wob | Locke, Chris |
| Non-scoring | | | 4 | 7.6 | | 922 | Wob | Molly Hurkett | | Non-scoring | | | 4 | 7.1 | | 514 | Sto | Buono, DJ |
| Dash | | | 1 | 6.1 | | 991 | Wob | Crystina Currier | | Dash | | | 1 | 5.2 | Q | 913 | Wob | Pereira, Matt |
| Event #7 | 6.0 | 3.0 | 2 | 6.1 | | 517 | Sto | Olsen, Kelly | | Event #7 | 1.0 | 8.0 | 2 | 5.3 | | 501 | Sto | Ali, Shaddi(Capt) |
| | | | 3 | 6.3 | | 906 | Wob | Kristina Lisacki | | | | | 3 | 5.3 | | 923 | Wob | McCarthy, Dave |
| Non-scoring | | | 4 | 6.4 | | 939 | Wob | Saindy Claude | | Non-scoring | | | 4 | 5.5 | | 566 | Sto | Igbeka, Steve |
| Shot | | | 1 | 31'09.0 | Q | 901 | Wob | Michelle Angelo | | Shot | | | 1 | 42'04.5 | | 915 | Wob | Ruby, Steve |
| Event #8 | 6.0 | 3.0 | 2 | 28'09.75 | | 528 | Sto | Izzicupo, Christina* | | Event #8 | 8.0 | 1.0 | 2 | 38'07.25 | | 943 | Wob | Angelo, Joe |
| | | | 3 | 28'04.0 | | 940 | Wob | Nicole Rideout | | | | | 3 | 38'00.0 | | 512 | Sto | Peters, Jeremy(Capt) |
| Non-scoring | | | 4 | 26'06.5 | | 921 | Wob | Deanna Scott | | Non-scoring | | | 4 | 37'11.0 | | 513 | Sto | Polizzi, Craig(Capt) |
| HJ | | | 1 | 4'11 | | 506 | Sto | Racioppi, Michelle | | HJ | | | 1 | 6'03 | Q | 501 | Sto | Ali, Shaddi(Capt) |
| Event #9 | 4.0 | 5.0 | 2 | 4'09 | | 922 | Wob | Molly Hurkett | | Event #9 | 1.0 | 8.0 | 2 | 6'03 | Q | 566 | Sto | Igbeka, Steve |
| | | | 3 | 4'09 | | 900 | Wob | Robin Allen | | | | | 3 | 6'01 | Q | 913 | Wob | Pereira, Matt |
| Non-scoring | | | 4 | 4'09 | | 902 | Wob | Sarah Kelley | | Non-scoring | | | 4 | 5'11 | Q | 931 | Wob | Benchelkh, Ryad |
| 1st Meet | | | | Relay | | | | | | 1st Meet | | | | Relay | | | | |
| Relay | | 5.0 | 1 | 4:24.1 | Q | sto | Sto | Stoneham (G) | | Relay | 5.0 | | 1 | 3:35.3 | Q | Wob | Wob | Woburn (B) |
| Event #10 | | | 2 | 4:26.1 | Q | wob | Wob | Woburn (G) | | Event #10 | | | 2 | 3:47.9 | | Sto | Sto | Stoneham (B) |

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|-------------|------|------|----------|----------|------|---------------|-----|-------------------------|------|------|------------|----------|------|---------------|--------------------------|-----------------------|
| Girls | Wak | Rea | 12/15/07 | Lex | 31.0 | Wakefield (G) | | Boys | Wak | Rea | 12/15/2007 | Lex | 23.0 | Wakefield (B) | | |
| 2nd Meet | 31.0 | 55.0 | | @^ | 55.0 | Reading (G) | | 2nd Meet | 23.0 | 63.0 | | @^ | 63.0 | Reading (B) | | |
| 2 mile | | | 1 | 12:34.9 | Q | 430 | Rea | Gwen Teutsch | | | 1 | 10:43.8 | 466 | Rea | Teutsch, Forrest | |
| Event #1 | 1.0 | 8.0 | 2 | 12:43.1 | Q | 423 | Rea | Kelsey Kiley | | | 2 | 10:58.4 | 432 | Rea | Drake, Chris | |
| | | | 3 | 12:52.9 | | 608 | Wak | DeGuglielmo,Lisa | | | 3 | 11:07.9 | 455 | Rea | Hagan, Sean | |
| Non-scoring | | | 4 | 13:11.6 | | 609 | Wak | Luciano,Kim | | | 4 | 12:00.9 | 652 | Wak | Delaney, Justin | |
| 1000 m | | | 1 | 3:18.5 | Q | 603 | Wak | Merullo,Hannah capt. | | | 1 | 2:44.1 | Q | 429 | Rea | Condon, Patrick |
| Event #2 | 5.0 | 4.0 | 2 | 3:26.1 | | 410 | Rea | Lauren Almeida | | | 2 | 2:55.0 | 409 | Rea | Guarino, Matthew | |
| | | | 3 | 3:27.4 | | 427 | Rea | Lauren Riccardi | | | 3 | 2:58.2 | 610 | Wak | Krepps, Joshua | |
| Non-scoring | | | 4 | 3:33.6 | | 420 | Rea | Janelle Gee | | | 4 | 3:02.1 | 470 | Rea | Whalen, Matt | |
| 600 m | | | 1 | 1:45.0 | Q | 426 | Rea | Julia Perry | | | 1 | 1:30.0 | 601 | Wak | Bottaro, Salvatore capt. | |
| Event #3 | 1.0 | 8.0 | 2 | 1:45.5 | Q | 415 | Rea | Kelly Cusolito | | | 2 | 1:30.2 | Q | 453 | Rea | Finigan, Peter |
| | | | 3 | 1:47.5 | Q | 615 | Wak | Trant,Jennifer | | | 3 | 1:30.8 | Q | 424 | Rea | Sheehan, Patrick Ryan |
| Non-scoring | | | 4 | 1:52.2 | | 422 | Rea | Michele Hintlian | | | 4 | 1:33.3 | 439 | Rea | McGlathery, Andrew | |
| 300 m | | | 1 | 44.0 | Q | 611 | Wak | McGrath,Molly | | | 1 | 37.6 | Q | 400 | Rea | Comis, Steve C |
| Event #4 | 5.0 | 4.0 | 2 | 44.1 | Q | 435 | Rea | Chelsee Cheek | | | 2 | 38.7 | Q | 418 | Rea | McSweeney, Timothy |
| | | | 3 | 46.5 | | 417 | Rea | Elyaas Dorenfeld | | | 3 | 39.1 | Q | 419 | Rea | Meleshuk, Kevin |
| Non-scoring | | | 4 | 47.7 | | 412 | Rea | Deanna Celi | | | 4 | 39.4 | 607 | Wak | Howell, Brian capt. | |
| 1 mile | | | 1 | 5:41.1 | Q | 601 | Wak | Custodio,Jill capt. | | | 1 | 5:02.9 | 401 | Rea | Dockser, Josh C | |
| Event #5 | 5.0 | 4.0 | 2 | 5:48.4 | Q | 474 | Rea | Micayla Oniskey | | | 2 | 5:14.4 | 407 | Rea | Coppola, David | |
| | | | 3 | 5:53.6 | Q | 409 | Rea | Laura Williams CAPT | | | 3 | 5:16.6 | 600 | Wak | Andrews,Donald | |
| Non-scoring | | | 4 | 6:12.1 | | 650 | Wak | Merullo,Leah | | | 4 | 5:17.8 | 483 | Rea | Porter, Brad | |
| Hurdles | | | 1 | 7.1 | | 404 | Rea | Brittany Horrigan CAPT | | | 1 | 5.8 | Q | 403 | Rea | Rumizen, Steve C |
| Event #6 | 1.0 | 8.0 | 2 | 7.5 | | 407 | Rea | Katie McElhiney CAPT | | | 2 | 6.0 | Q | 422 | Rea | O'Shea, Ian |
| | | | 3 | 7.7 | | 618 | Wak | Bourque,Charnele | | | 3 | 6.3 | Q | 632 | Wak | King, Tyler |
| Non-scoring | | | 4 | 7.7 | | 610 | Wak | McDonough,Kelly | | | 4 | 6.4 | Q | 612 | Wak | McCarthy, Kevin capt |
| Dash | | | 1 | 5.9 | Q | 418 | Rea | Olivia Dyson | | | 1 | 5.3 | 402 | Rea | DiNatale, Thomas C | |
| Event #7 | 3.0 | 6.0 | 2 | 6.0 | Q | 623 | Wak | Goodwin,Leanne | | | 2 | 5.3 | 417 | Rea | Matrullo, Andrew | |
| | | | 3 | 6.2 | | 401 | Rea | Catherine Gregorowicz C | | | 3 | 5.4 | 459 | Rea | Mahoney, Patrick | |
| Non-scoring | | | 4 | 6.3 | | 437 | Rea | Lauren Comis | | | 4 | 5.5 | 611 | Wak | Malone, Matthew | |
| Shot | | | 1 | 31'06.25 | Q | 405 | Rea | Joan Kwiatek CAPT | | | 1 | 44'11.25 | Q | 608 | Wak | Jordan, Charles |
| Event #8 | 3.0 | 6.0 | 2 | 30'00.25 | | 620 | Wak | DiTonno,Sarah | | | 2 | 43'09.75 | 406 | Rea | Colomba, Matthew | |
| | | | 3 | 29'01.75 | | 404 | Rea | Brittany Horrigan CAPT | | | 3 | 40'01.0 | 422 | Rea | O'Shea, Ian | |
| Non-scoring | | | 4 | 27'04.5 | | 408 | Rea | Melanie Sidman | | | 4 | 39'02.25 | 606 | Wak | Gangi, William | |
| HJ | | | 1 | 5'02 | Q | 418 | Rea | Olivia Dyson | | | 1 | 6'03 | Q | 617 | Wak | Whitaker, Kyle capt. |
| Event #9 | 2.0 | 7.0 | 2 | 5'01 | Q | 611 | Wak | McGrath,Molly | | | 2 | 5'09 | Q | 403 | Rea | Rumizen, Steve C |
| | | | 2 | 4'09 | | 410 | Rea | Lauren Almeida | | | 3 | 5'07 | 420 | Rea | O'Donnell, Matt | |
| Non-scoring | | | 4 | ~ | | ~ | ~ | ~ | | | 4 | ~ | ~ | ~ | ~ | |
| 2nd Meet | | | | Relay | | | | | | | | | | | | |
| Relay | 5.0 | | 1 | 4:19.9 | Q | wak | Wak | Wakefield (G) | | | 1 | 3:43.8 | Q | Wak | Wak | Wakefield (B) |
| Event #10 | | | 2 | 4:24.6 | Q | rea | Rea | Reading (G) | | | 2 | INC | Rea | Rea | Reading (B) | |

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|-------------|------|------|----------|---|-----|------|----------------------|--|-------------|------|------|------------|-----|------|--------------------|
| Girls | Win | Bur | 12/15/07 | Q | Lex | 63.0 | Winchester (G) | | Boys | Win | Bur | 12/15/2007 | Lex | 57.0 | Winchester (B) |
| 3rd Meet | 63.0 | 23.0 | | | @^ | 23.0 | Burlington (G) | | 3rd Meet | 57.0 | 29.0 | | @^ | 29.0 | Burlington (B) |
| 2 mile | | | 1 | | 807 | Win | Jessica McBeck | | 2 mile | | | 1 | 831 | Win | REID MCMURRY |
| Event #1 | 8.0 | 1.0 | 2 | | 838 | Win | Julia Howard | | Event #1 | 6.0 | 3.0 | 2 | 102 | Bur | Cao, Will |
| | | | 3 | | 110 | Bur | Mezynski, Catherine | | | | | 3 | 827 | Win | GREG JOHNSTON |
| Non-scoring | | | 4 | | 829 | Win | Julie Noble | | Non-scoring | | | 4 | 148 | Bur | Mercier, Evan |
| 1000 m | | | 1 | | 822 | Win | Johanna Eidmann | | 1000 m | | | 1 | 820 | Win | MATT SMITH |
| Event #2 | 9.0 | | 2 | | 817 | Win | Caroline Wooten | | Event #2 | 6.0 | 3.0 | 2 | 110 | Bur | Martel, Derik |
| | | | 3 | | 842 | Win | Alex Ritchie | | | | | 3 | 810 | Win | CHARLIE HUNTINGTON |
| Non-scoring | | | 4 | | 117 | Bur | Humphreys, Jill | | Non-scoring | | | 4 | 118 | Bur | Tirrell, Chris |
| 600 m | | | 1 | | 105 | Bur | Langone, Michele | | 600 m | | | 1 | 802 | Win | STEVE CREANE |
| Event #3 | 4.0 | 5.0 | 2 | | 844 | Win | Laura Steele | | Event #3 | 6.0 | 3.0 | 2 | 117 | Bur | Tieri, Andrew |
| | | | 3 | | 811 | Win | Emily Pipes | | | | | 3 | 806 | Win | PHILLIP FONSECA |
| Non-scoring | | | 4 | | 158 | Bur | Jensen, Jacklyn | | Non-scoring | | | 4 | 121 | Bur | Deb, Deepjyoti |
| 300 m | | | 1 | | 816 | Win | Krista Woodward | | 300 m | | | 1 | 835 | Win | DAVIS VANOPDORP |
| Event #4 | 6.0 | 3.0 | 2 | | 137 | Bur | McCarthy, Jessica | | Event #4 | 6.0 | 3.0 | 2 | 125 | Bur | Matsubara, Lyndon |
| | | | 3 | | 836 | Win | Jessica Byrne | | | | | 3 | 809 | Win | JOHN HOSMER |
| Non-scoring | | | 4 | | 111 | Bur | Steinberg, Jordan | | Non-scoring | | | 4 | 161 | Bur | Woods, Corey |
| 1 mile | | | 1 | | 815 | Win | Emma Spencer | | 1 mile | | | 1 | 821 | Win | PETER STEELE |
| Event #5 | 8.0 | 1.0 | 2 | | 818 | Win | Ava Carter | | Event #5 | 6.0 | 3.0 | 2 | 116 | Bur | Steinbach, Jason |
| | | | 3 | | 120 | Bur | Merlino, Elizabeth | | | | | 3 | 842 | Win | AMOS MEEKS |
| Non-scoring | | | 4 | | 153 | Bur | Gregory-Cox, Shanica | | Non-scoring | | | 4 | 847 | Win | TOM SANTA MARIA |
| Hurdles | | | 1 | | 840 | Win | Tessa Mediano | | Hurdles | | | 1 | 815 | Win | BRIAN MCCARDLE |
| Event #6 | 5.0 | 4.0 | 2 | | 108 | Bur | McMillan, Kelli | | Event #6 | 8.0 | 1.0 | 2 | 801 | Win | MAX CHOU |
| | | | 3 | | 104 | Bur | Johnson, Kelly | | | | | 3 | 152 | Bur | Warnock, Wesley |
| Non-scoring | | | 4 | | 827 | Win | Wei-Yen Hsieh | | Non-scoring | | | 4 | 129 | Bur | Brewster, Jimmy |
| Dash | | | 1 | | 853 | Win | Stephanie McCaffrey | | Dash | | | 1 | 811 | Win | EVAN LALIBERTE |
| Event #7 | 6.0 | 3.0 | 2 | | 119 | Bur | Mancini, Melissa | | Event #7 | 5.0 | 4.0 | 2 | 140 | Bur | Farrell, Chris |
| | | | 3 | | 819 | Win | Bethany Crowe | | | | | 3 | 113 | Bur | Putney, Donald |
| Non-scoring | | | 4 | | 102 | Bur | Dhliwayo, Anesu | | Non-scoring | | | 4 | 830 | Win | ERIC LIU |
| Shot | | | 1 | | 108 | Bur | McMillan, Kelli | | Shot | | | 1 | 107 | Bur | Hunt, John |
| Event #8 | 4.0 | 5.0 | 2 | | 804 | Win | Kristen Gagalis | | Event #8 | | 9.0 | 2 | 111 | Bur | Mullin, Ben |
| | | | 3 | | 800 | Win | Stephanie Brown | | | | | 3 | 106 | Bur | Healey, Brendan |
| Non-scoring | | | 4 | | 810 | Win | Chelsea Osborne | | Non-scoring | | | 4 | 801 | Win | MAX CHOU |
| HJ | | | 1 | | 816 | Win | Krista Woodward | | HJ | | | 1 | 864 | Win | MAX TIREY |
| Event #9 | 8.0 | 1.0 | 2 | | 813 | Win | Brittany Rubbico | | Event #9 | 9.0 | | 2 | 802 | Win | STEVE CREANE |
| | | | 3 | | 119 | Bur | Mancini, Melissa | | | | | 3 | 805 | Win | JOHN ERIKSON |
| Non-scoring | | | 4 | | ~ | ~ | ~ | | Non-scoring | | | 4 | ~ | ~ | ~ |
| 3rd Meet | | | | | | | Relay | | 3rd Meet | | | | | | Relay |
| Relay | 5.0 | | 1 | | win | Win | Winchester (G) | | Relay | 5.0 | | 1 | Q | Win | Winchester (B) |
| Event #10 | | | 2 | | win | Bur | Burlington (G) | | Event #10 | | | 2 | Bur | Bur | Burlington (B) |

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|---|-------------|-------------|---|-------------------------------|--------------------------|---|---|-------------|-------------|--|---------------------------|--------------------------|---|
| Girls 4th Meet | Bel 23.0 | Lex 63.0 | 12/15/07 | Lex @^ | 23.0 63.0 | Belmont (G) Lexington (G) | Boys 4th Meet | Bel 34.0 | Lex 51.0 | 12/15/07 | Lex @^ | 34.0 51.0 | Belmont (B) Lexington (B) |
| 2 mile Event #1 | | 9.0 | 1 12:34.2 2 13:40.8 3 13:41.3 4 13:42.4 | Q 204 295 229 | Lex Lex Lex | Naomi Campbell Jaclyn Harvell Morgan Kelly | 2 mile Event #1 | 1.0 | 8.0 | 1 10:58.3 2 10:59.0 3 11:00.0 | 257 226 34 | Lex Lex Bel | Ben Silver Andrew Herring Christopher Stadler |
| Non-scoring 1000 m Event #2 | 3.0 | 6.0 | 1 3:19.9 2 3:25.3 3 3:27.5 4 3:30.1 | Q 268 13 297 | Lex Bel Lex | Menemsha MacBain Muzzioli, Krista Allison Sowsy | Non-scoring 1000 m Event #2 | | 9.0 | 1 2:44.0 2 2:55.4 3 3:04.6 | Q 200 240 267 | Lex Lex Lex | Dhyan Adler-Belendez Alex Lockwood Bart Wilson |
| Non-scoring 600 m Event #3 | 3.0 | 6.0 | 1 1:48.1 2 1:50.3 3 1:51.4 4 1:52.5 | 299 298 32 232 | Lex Bel Lex | Lily Berger Martha Zimmermann Mackevicius, Claire Caroline Hammond | Non-scoring 600 m Event #3 | 8.0 | 1.0 | 1 1:29.6 2 1:31.6 3 1:31.7 4 1:33.1 | 244 Q 9 16 245 | Lex Bel Bel Lex | Keith McHugh David Jolley Tim Leccesse Steve Mckenna |
| Non-scoring 300 m Event #4 | 6.0 | 3.0 | 1 43.5 2 44.9 3 45.5 4 46.8 | Q 836 Q 111 Q 59 231 | Bel Lex Bel Lex | Krafian, Araxi Ana Kouri Russo, Marissa Lily Kaplan | Non-scoring 300 m Event #4 | 4.0 | 5.0 | 1 37.8 2 38.5 3 39.2 4 40.2 | Q 205 Q 29 Q 1 8 | Bel Bel Bel Bel | Daishawn Beaumont Ben Levy Devon Pittman Winston Hill |
| Non-scoring 1 mile Event #5 | 3.0 | 6.0 | 1 5:41.1 2 5:48.2 3 6:03.1 4 6:13.4 | Q 262 Q 9 276 2 | Lex Bel Lex Bel | Anna Sheridan Dooley, Anna Erika Chan Carey, Isabel | Non-scoring 1 mile Event #5 | | 9.0 | 1 5:00.1 2 5:12.5 3 5:13.2 4 5:15.0 | 235 207 206 212 | Lex Lex Lex Lex | Steve Leung John Bernstein Jon Belford Lance Claflin |
| Hurdles Event #6 | 5.0 | 4.0 | 1 7.1 2 7.2 3 7.9 4 8.0 | 8 207 237 270 | Bel Lex Lex Lex | Carter, Jessica Allyson Crooke Jennifer Whitman Molly Zuccaro | Hurdles Event #6 | | 9.0 | 1 6.3 2 6.5 3 6.7 4 6.8 | 202 251 208 15 | Lex Lex Lex Bel | Chidi Azuakolam Jon Raberg Max Blumenthal Lincoln Hill |
| Non-scoring Dash Event #7 | 3.0 | 6.0 | 1 6.0 2 6.1 3 6.4 4 6.7 | Q 202 24 230 73 | Lex Bel Lex Bel | Sarah Heingartner Casey, Maria Ginger Willinger Zarowin, Elissa | Non-scoring Dash Event #7 | 5.0 | 4.0 | 1 5.6 2 5.6 3 5.6 4 5.7 | 52 234 254 5 | Bel Lex Lex Bel | Phill DuMont Sean Leonard Ricardo Sanon Samuel Giber |
| Non-scoring Shot Event #8 | | 9.0 | 1 26'04.25 2 25'08.75 3 19'02.0 4 18'09.25 | 284 204 218 28 | Lex Lex Lex Bel | Patty Quartararo Naomi Campbell Lizzie Brami Hunedy, Nadia | Non-scoring Shot Event #8 | 3.0 | 6.0 | 1 44'02.5 2 39'03.0 3 37'05.0 4 37'05.0 | Q 234 52 222 268 | Lex Bel Lex Lex | Sean Leonard Phill DuMont Joe Giliberto Wayne Wilson |
| Non-scoring HJ Event #9 | | 9.0 | 1 4'11 2 4'09 3 4'05 4 4'05 | Q 222 249 221 26 | Lex Lex Lex Bel | Lucile Cancre Caroline Fernandes Marisa Stone Gras, Sidonie | Non-scoring HJ Event #9 | 8.0 | | 1 6'0 2 5'07 3 ~ 4 ~ | Q 1 19 ~ ~ | Bel Bel ~ ~ | Devon Pittman Ariel Whittingham ~ ~ |
| Non-scoring 4th Meet Relay Event #10 | | 5.0 | 1 4:23.0 2 4:27.4 | Q lex bel | Lex Bel | Lexington (G) Belmont (G) | Non-scoring 4th Meet Relay Event #10 | 5.0 | | 1 3:35.9 2 INC | Q Lex | Bel Lex | Belmont (B) Lexington (B) |

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|-------------|------|------|---|----------|-------|------|--------------------------|--|-------------|------|------|---|------------|-------|------|----------------------|
| Girls | Wat | Mel | | 12/15/07 | Lex | 37.0 | Watertown (G) | | Boys | Wat | Mel | | 12/15/2007 | Lex | 41.0 | Watertown (B) |
| 5th Meet | 37.0 | 49.0 | | | @^ | 49.0 | Melrose (G) | | 5th Meet | 41.0 | 44.0 | | | @^ | 44.0 | Melrose (B) |
| 2 mile | | | 1 | 13:07.0 | 312 | Mel | McGowan, Emma | | 2 mile | | | 1 | 11:03.9 | 323 | Mel | Norcross, Jack |
| Event #1 | 3.0 | 6.0 | 2 | 13:34.8 | 728 | Wat | Elisabeth Phillips-Jones | | Event #1 | 3.0 | 6.0 | 2 | 11:06.0 | 725 | Wat | Szubzda, Ken |
| | | | 3 | 13:47.8 | 319 | Mel | Calabro, Svana | | | | | 3 | 11:52.7 | 303 | Mel | Calamari, Elliott |
| Non-scoring | | | 4 | 13:51.7 | 320 | Mel | Black, Isabella | | Non-scoring | | | 4 | 12:24.8 | 730 | Wat | Holland, James |
| 1000 m | | | 1 | 3:23.6 | 325 | Mel | Monroe, Melanie | | 1000 m | | | 1 | 2:58.7 | 332 | Mel | Downey, Rich |
| Event #2 | | 9.0 | 2 | 3:43.9 | 306 | Mel | Donovan, Jess | | Event #2 | 3.0 | 6.0 | 2 | 3:10.8 | 713 | Wat | Grant, Andrew |
| | | | 3 | 3:48.9 | 324 | Mel | Morrison, Chelsea | | | | | 3 | 3:30.4 | 310 | Mel | Kelly, Frank |
| Non-scoring | | | 4 | 3:57.9 | 723 | Wat | Mackenzie Stinehart | | Non-scoring | | | 4 | ~ | ~ | ~ | ~ |
| 600 m | | | 1 | 2:02.4 | 303 | Mel | Whelan, Laura | | 600 m | | | 1 | 1:31.3 | Q 708 | Wat | Sesay, Phil |
| Event #3 | 1.0 | 8.0 | 2 | 2:02.5 | 318 | Mel | Schlesinger, Caitlin | | Event #3 | 6.0 | 3.0 | 2 | 1:32.4 | 317 | Mel | Lovett, Glen |
| | | | 3 | 2:11.7 | 721 | Wat | Joanna Fosque | | | | | 3 | 1:40.3 | 733 | Wat | Shaughnessy, Brendan |
| Non-scoring | | | 4 | 2:35.6 | 733 | Wat | Alina Bazarian | | Non-scoring | | | 4 | 1:45.4 | 320 | Mel | Salines, Kevin |
| 300 m | | | 1 | 45.5 | Q 719 | Wat | Alison Holland | | 300 m | | | 1 | 40.4 | 318 | Mel | Salines, Kevin |
| Event #4 | 6.0 | 3.0 | 2 | 48.5 | 322 | Mel | Downey, Maeve | | Event #4 | 4.0 | 5.0 | 2 | 40.9 | 707 | Wat | Munger, Ian |
| | | | 3 | 50.2 | 782 | Wat | Rachel Thomas | | | | | 3 | 43.5 | 727 | Wat | Yakuze, Eric |
| Non-scoring | | | 4 | 52.0 | 744 | Wat | Kristina D'Amico | | Non-scoring | | | 4 | 45.0 | 712 | Wat | Stewart, Mike |
| 1 mile | | | 1 | 6:02.0 | 308 | Mel | Ferrick-Manley, Julia | | 1 mile | | | 1 | 5:05.6 | 301 | Mel | Kaynor, Arthur |
| Event #5 | | 9.0 | 2 | 6:21.7 | 316 | Mel | Johnson, Susan | | Event #5 | 1.0 | 8.0 | 2 | 5:11.5 | 322 | Mel | Coveney, Jon |
| | | | 3 | 7:01.7 | 347 | Mel | MacDonald, Amy | | | | | 3 | 5:31.8 | 715 | Wat | Hecht, Evan |
| Non-scoring | | | 4 | 7:04.1 | 735 | Wat | Gabriela D'Amico | | Non-scoring | | | 4 | 6:16.9 | 711 | Wat | Field, Brian |
| Hurdles | | | 1 | 8.2 | 789 | Wat | Alisa Aylward | | Hurdles | | | 1 | 7.0 | 719 | Wat | Moan, Timm |
| Event #6 | 8.0 | 1.0 | 2 | 8.3 | 707 | Wat | Casey O'Connell | | Event #6 | 6.0 | 3.0 | 2 | 7.2 | 304 | Mel | MacDonald, Ryan |
| | | | 3 | 8.4 | 349 | Mel | Davey, Erika | | | | | 3 | 7.2 | 705 | Wat | Kelly, Chris |
| Non-scoring | | | 4 | 8.5 | 350 | Mel | Bruno, Alyssa | | Non-scoring | | | 4 | ~ | ~ | ~ | ~ |
| Dash | | | 1 | 6.4 | 771 | Wat | Kelsey Prendergast | | Dash | | | 1 | 5.3 | Q 702 | Wat | Coffin, John |
| Event #7 | 6.0 | 3.0 | 2 | 6.4 | 317 | Mel | Zaferiou, Zoe | | Event #7 | 6.0 | 3.0 | 2 | 5.4 | 300 | Mel | Webster, Ryan |
| | | | 3 | 6.5 | 734 | Wat | Bianca Jones | | | | | 3 | 5.4 | 709 | Wat | Shanklin, Karnel |
| Non-scoring | | | 4 | 6.6 | 310 | Mel | Krasco, Stefanie | | Non-scoring | | | 4 | 5.6 | 396 | Mel | Kevane, Joe |
| Shot | | | 1 | 27'05.25 | 322 | Mel | Downey, Maeve | | Shot | | | 1 | 35'02.5 | 724 | Wat | Stinehart, Kris |
| Event #8 | 4.0 | 5.0 | 2 | 23'01.75 | 792 | Wat | Erin Macri | | Event #8 | 9.0 | | 2 | 31'07.0 | 716 | Wat | Kuo, Brendan |
| | | | 3 | 20'11.5 | 723 | Wat | Mackenzie Stinehart | | | | | 3 | 29'07.75 | 705 | Wat | Kelly, Chris |
| Non-scoring | | | 4 | 18'04.5 | 714 | Wat | Hannah Barry | | Non-scoring | | | 4 | 29'02.75 | 702 | Wat | Coffin, John |
| HJ | | | 1 | 4'07 | 719 | Wat | Alison Holland | | HJ | | | 1 | 5'07 | 317 | Mel | Lovett, Glen |
| Event #9 | 9.0 | | 2 | 4'07 | 789 | Wat | Alisa Aylward | | Event #9 | 3.0 | 5.0 | 2 | 5'01 | 706 | Wat | Mazzeo, Andrew |
| | | | 3 | 4'05 | 782 | Wat | Rachel Thomas | | | | | 3 | ~ | ~ | ~ | ~ |
| Non-scoring | | | 4 | 4'05 | 309 | Mel | Bonta, Jen | | Non-scoring | | | 4 | ~ | ~ | ~ | ~ |
| 5th Meet | | | | Relay | | | | | 5th Meet | | | | Relay | | | |
| Relay | | 5.0 | 1 | 4:39.5 | mel | Mel | Melrose (G) | | Relay | | 5.0 | 1 | 3:51.3 | Mel | Mel | Melrose (B) |
| Event #10 | | | 2 | 4:44.1 | Q wat | Wat | Watertown (G) | | Event #10 | | | 2 | 3:53.8 | Wat | Wat | Watertown (B) |