

| Girls | Wob | Bur | 01/27/09 | Q | Wob @^ | 58.0 | Woburn (G) | Boys | Wob | Bur | 1/27/2009 | Q | Wob @^ | 44.0 | Woburn (B) |
|-------------|------|------|-----------|---|--------|------|---------------------|-------------|------|------|-----------|---|--------|------|------------------|
| 1st Meet | 58.0 | 28.0 | | | | 28.0 | Burlington (G) | 1st Meet | 44.0 | 42.0 | | | | 42.0 | Burlington (B) |
| 2 mile | | | 1 13:02.8 | | 922 | Wob | Deb Cooper | 2 mile | | | 1 10:36.1 | | 111 | Bur | Anthony Salvucci |
| Event #1 | 5.0 | 4.0 | 2 13:08.2 | | 120 | Bur | Elizabeth Merlino | Event #1 | 1.0 | 8.0 | 2 10:46.4 | | 133 | Bur | Evan Mercier |
| | | | 3 13:50.2 | | 160 | Bur | Mary Jo Herlihy | | | | 3 11:06.0 | | 922 | Wob | David Soares |
| Non-scoring | | | 4 13:54.4 | | 921 | Wob | Mollie Tobin | Non-scoring | | | 4 11:49.5 | | 927 | Wob | Tyler Brady |
| 1000 m | | | 1 3:20.8 | Q | 902 | Wob | Kayla Galvin* | 1000 m | | | 1 2:48.8 | Q | 164 | Bur | David Taranto |
| Event #2 | 6.0 | 3.0 | 2 3:29.7 | | 159 | Bur | Jennifer Hamvas | Event #2 | 1.0 | 8.0 | 2 2:57.2 | | 139 | Bur | Trevor Dutton |
| | | | 3 3:34.7 | | 955 | Wob | Kara McCormack | | | | 3 3:02.8 | | 902 | Wob | Parth Patel |
| Non-scoring | | | 4 3:35.4 | | 130 | Bur | Laura Dechristoforo | Non-scoring | | | 4 3:06.1 | | 906 | Wob | Nolan Temple |
| 600 m | | | 1 1:51.1 | | 161 | Bur | Kristin Humphreys | 600 m | | | 1 1:33.4 | | 900 | Wob | Ryad Bencheikh |
| Event #3 | 3.0 | 6.0 | 2 1:53.6 | | 949 | Wob | Danielle Allen | Event #3 | 6.0 | 3.0 | 2 1:34.9 | | 103 | Bur | Deepjyoti Deb |
| | | | 3 1:55.5 | | 139 | Bur | Julia Pasquarella | | | | 3 1:35.8 | | 926 | Wob | Brian Tuminelli |
| Non-scoring | | | 4 1:56.0 | | 170 | Bur | Caroline Peterson | Non-scoring | | | 4 1:36.1 | | 135 | Bur | Brian Savage |
| 300 m | | | 1 45.9 | | 912 | Wob | Abby Connors | 300 m | | | 1 39.5 | | 924 | Wob | Paul Tague |
| Event #4 | 9.0 | 0.0 | 2 46.4 | | 964 | Wob | Colleen O'Melia | Event #4 | 8.0 | 1.0 | 2 40.2 | | 910 | Wob | J.P. Correia |
| | | | 3 47.2 | | 903 | Wob | Molly Hurkett* | | | | 3 41.8 | | 107 | Bur | Lyndon Matsubara |
| Non-scoring | | | 4 47.5 | | 131 | Bur | Jackie Digman | Non-scoring | | | 4 42.8 | | 122 | Bur | ChrisFarrell |
| 1 mile | | | 1 5:55.5 | | 934 | Wob | Lexi Galvin | 1 mile | | | 1 5:07.6 | | 134 | Bur | Thomas O'Connell |
| Event #5 | 5.0 | 4.0 | 2 6:10.5 | | 163 | Bur | Jacklyn Jensen | Event #5 | 1.0 | 8.0 | 2 5:08.0 | | 114 | Bur | Ben Cao |
| | | | 3 6:18.4 | | 147 | Bur | Maria Asdourian | | | | 3 5:15.0 | | 915 | Wob | Andy Jamieson |
| Non-scoring | | | 4 6:23.0 | | 901 | Wob | Laura Daggett* | Non-scoring | | | 4 5:15.2 | | 149 | Bur | Lucas Restivo |
| Hurdles | | | 1 9.4 | Q | 900 | Wob | Jill Cidado* | Hurdles | | | 1 8.5 | | 918 | Wob | Chris Locke |
| Event #6 | 5.0 | 4.0 | 2 9.8 | | 168 | Bur | Kierstin Merlino | Event #6 | 8.0 | 1.0 | 2 9.2 | | 955 | Wob | Michael McAdams |
| | | | 3 9.9 | | 132 | Bur | Alison Jones | | | | 3 9.4 | | 146 | Bur | Nick Paraskevas |
| Non-scoring | | | 4 10.1 | | 178 | Bur | Jennifer Sheldon | Non-scoring | | | 4 9.4 | | 905 | Wob | Sam Saliba |
| Dash | | | 1 7.4 | Q | 911 | Wob | Aimee Rideout | Dash | | | 1 6.5 | | 104 | Bur | Shane Faria |
| Event #7 | 6.0 | 3.0 | 2 7.5 | Q | 119 | Bur | Melissa Mancini | Event #7 | 4.0 | 5.0 | 2 6.6 | | 936 | Wob | Craig Langes |
| | | | 3 7.8 | | 905 | Wob | Saindy Claude | | | | 3 6.8 | | 907 | Wob | Joe Angelo |
| Non-scoring | | | 4 7.8 | | 933 | Wob | Crystina Currier | Non-scoring | | | 4 6.8 | | 924 | Wob | Paul Tague |
| Shot | | | 1 31'06.0 | Q | 910 | Wob | Nicole Rideout | Shot | | | 1 48'02.0 | Q | 907 | Wob | Joe Angelo |
| Event #8 | 6.0 | 3.0 | 2 30'01.5 | | 181 | Bur | Ashley Steadman | Event #8 | 6.0 | 3.0 | 2 46'07.5 | Q | 106 | Bur | Brett Gilbert |
| | | | 3 29'03.0 | | 911 | Wob | Aimee Rideout | | | | 3 46'02.5 | Q | 965 | Wob | Jacques Camy |
| Non-scoring | | | 4 28'11.0 | | 113 | Bur | Jenna Burke | Non-scoring | | | 4 44'07.0 | Q | 108 | Bur | Ryan Murphy |
| HJ | | | 1 4'11 | Q | 970 | Wob | Kirstie Foley | HJ | | | 1 6'00 | Q | 105 | Bur | David Farland |
| Event #9 | 8.0 | 1.0 | 2 4'07 | | 933 | Wob | Crystina Currier | Event #9 | 4.0 | 5.0 | 2 5'11 | Q | 904 | Wob | Ibrahim Bukonya |
| | | | 3 4'05 | | 132 | Bur | Alison Jones | | | | 3 5'11 | Q | 900 | Wob | Ryad Bencheikh |
| Non-scoring | | | 4 ~ | | 0 | ~ | ~ | Non-scoring | | | 4 5'11 | Q | 936 | Wob | Craig Langes |
| 1st Meet | | | Relay | | | | | 1st Meet | | | Relay | | | | |
| Relay | 5.0 | 0.0 | 1 4:48.1 | | wob | Wob | Woburn (G) | Relay | 5.0 | 0.0 | 1 3:45.2 | Q | wob | Wob | Woburn (B) |
| Event #10 | | | 2 ~ | | bur | Bur | Burlington (G) | Event #10 | | | 2 3:50.4 | | bur | Bur | Burlington (B) |

| Girls | Lex | Sto | 01/27/09 | Wob | 58.0 | Lexington (G) |
|-------------|------|------|-----------|-------|------|-----------------------|
| 2nd Meet | 58.0 | 28.0 | | @^ | 28.0 | Stoneham (G) |
| 2 mile | | | 1 13:18.3 | 291 | Lex | Lauren Carter |
| Event #1 | 9.0 | 0.0 | 2 13:20.7 | 245 | Lex | Olivia Burger |
| | | | 3 13:56.0 | 203 | Lex | Sarah Breitenfeld |
| Non-scoring | | | 4 14:46.2 | 201 | Lex | Nikki Cohen |
| 1000 m | | | 1 3:18.2 | Q 511 | Sto | Lauren Kennedy |
| Event #2 | 4.0 | 5.0 | 2 3:21.1 | 276 | Lex | Erika Chan |
| | | | 3 3:42.0 | 252 | Lex | Emily Walker |
| Non-scoring | | | 4 3:42.7 | 522 | Sto | Melissa Zeitlin |
| 600 m | | | 1 1:47.8 | 298 | Lex | Martha Zimmermann* |
| Event #3 | 6.0 | 3.0 | 2 1:48.6 | 523 | Sto | Taylor Havican |
| | | | 3 1:51.7 | 247 | Lex | Sophia Psychojos |
| Non-scoring | | | 4 1:57.4 | 240 | Lex | Jessica Lin |
| 300 m | | | 1 45.9 | 231 | Lex | Ana Kouri* |
| Event #4 | 5.0 | 4.0 | 2 46.5 | 506 | Sto | Michelle Racioppi |
| | | | 3 47.6 | 578 | Sto | Allie Lauria |
| Non-scoring | | | 4 47.9 | 230 | Lex | Shannon Boudett |
| 1 mile | | | 1 5:33.2 | Q 502 | Sto | Ali* Simeone |
| Event #5 | 4.0 | 5.0 | 2 5:58.4 | 232 | Lex | Caroline Hammond |
| | | | 3 6:13.2 | 220 | Lex | Corinne Counsell |
| Non-scoring | | | 4 6:31.5 | 236 | Lex | Katie (Kaitlyn) Burke |
| Hurdles | | | 1 9.1 | Q 207 | Lex | Allyson Crooke |
| Event #6 | 6.0 | 3.0 | 2 9.3 | Q 527 | Sto | Christine Manfra |
| | | | 3 9.8 | 237 | Lex | Jennifer Whitman* |
| Non-scoring | | | 4 9.9 | 212 | Lex | Shereen Salem |
| Dash | | | 1 7.6 | 202 | Lex | Sarah Heingartner |
| Event #7 | 5.0 | 4.0 | 2 7.7 | 566 | Sto | Renee* O'Brien |
| | | | 3 8.0 | 519 | Sto | Jillian Richardson |
| Non-scoring | | | 4 8.0 | 294 | Lex | Emmy Brosnan |
| Shot | | | 1 27'04.0 | 223 | Lex | Olivia Cincotta |
| Event #8 | 6.0 | 3.0 | 2 27'0.0 | 550 | Sto | April O'Donnell |
| | | | 3 26'03.0 | 228 | Lex | Adley Sheridan |
| Non-scoring | | | 4 25'09.5 | 255 | Lex | Kelsey (Anna) Sym |
| HJ | | | 1 5'01 | Q 222 | Lex | Lucile Cancre |
| Event #9 | 8.0 | 1.0 | 2 5'01 | Q 212 | Lex | Shereen Salem |
| | | | 3 4'11 | 566 | Sto | Renee* O'Brien |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 2nd Meet | | | Relay | | | |
| Relay | 5.0 | 0.0 | 1 4:25.2 | Q lex | Lex | Lexington (G) |
| Event #10 | | | 2 4:28.7 | Q sto | Sto | Stoneham (G) |

| Boys | Lex | Sto | 1/27/2009 | Wob | 60.0 | Lexington (B) |
|-------------|------|------|-----------|-------|------|-----------------------|
| 2nd Meet | 60.0 | 26.0 | | @^ | 26.0 | Stoneham (B) |
| 2 mile | | | 1 10:43.4 | 209 | Lex | John Bernstein |
| Event #1 | 8.0 | 1.0 | 2 11:10.6 | 274 | Lex | Chris Waters |
| | | | 3 11:25.1 | 515 | Sto | Kevin Griffin |
| Non-scoring | | | 4 12:02.2 | 268 | Lex | Joey Thordarson |
| 1000 m | | | 1 2:58.6 | 262 | Lex | Ben Silver |
| Event #2 | 9.0 | 0.0 | 2 3:10.5 | 226 | Lex | Chandler Gregg |
| | | | 3 3:10.9 | 233 | Lex | Sam Jones |
| Non-scoring | | | 4 3:14.0 | 236 | Lex | Kevin Kishpaugh |
| 600 m | | | 1 1:34.2 | 507 | Sto | Malcolm Richardson |
| Event #3 | 4.0 | 5.0 | 2 1:34.4 | 242 | Lex | Alex Lockwood |
| | | | 3 1:40.2 | 220 | Lex | Kevin Eykholt |
| Non-scoring | | | 4 1:40.7 | 517 | Sto | Scott McNamara |
| 300 m | | | 1 40.7 | 259 | Lex | Ricardo Sanon |
| Event #4 | 9.0 | 0.0 | 2 42.2 | 243 | Lex | Alex Lukez |
| | | | 3 42.5 | 248 | Lex | Jordan Mizerak |
| Non-scoring | | | 3 42.5 | 216 | Lex | John Daley |
| 1 mile | | | 1 5:01.1 | 214 | Lex | Lance Claflin |
| Event #5 | 8.0 | 1.0 | 2 5:13.9 | 270 | Lex | Cam Ulmer |
| | | | 3 5:20.3 | 518 | Sto | Eric Trant |
| Non-scoring | | | 4 5:51.2 | 235 | Lex | Devon Kilburn |
| Hurdles | | | 1 8.0 | 505 | Sto | Justin Ehrhardt |
| Event #6 | 4.0 | 5.0 | 2 8.3 | 231 | Lex | Matt Hunter |
| | | | 3 8.6 | 211 | Lex | Max Blumenthal |
| Non-scoring | | | 4 8.7 | 230 | Lex | David Huang |
| Dash | | | 1 6.7 | 228 | Lex | Daron Holloway |
| Event #7 | 9.0 | 0.0 | 2 6.7 | 201 | Lex | Gabe Andre |
| | | | 3 6.8 | 200 | Lex | Levi Akanezi-Matthews |
| Non-scoring | | | 4 7.0 | 503 | Sto | Bob Callahan |
| Shot | | | 1 46'08.5 | Q 505 | Sto | Justin Ehrhardt |
| Event #8 | 1.0 | 8.0 | 2 43'0.5 | Q 508 | Sto | Mike Rourke |
| | | | 3 41'11.5 | 223 | Lex | JoeGiliberto |
| Non-scoring | | | 4 35'05.0 | 512 | Sto | Kris Angelosanto |
| HJ | | | 1 5'07 | 503 | Sto | Bob Callahan |
| Event #9 | 3.0 | 6.0 | 2 5'03 | 248 | Lex | Jordan Mizerak |
| | | | 3 5'01 | 510 | Sto | Peter Alie |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 2nd Meet | | | Relay | | | |
| Relay | 5.0 | 0.0 | 1 4: 00.0 | Lex | Lex | Lexington (B) |
| Event #10 | | | 2 DQ: 0. | Sto | Sto | Stoneham (B) |

| | | | | | | |
|---------------------|-------------|-------------|---------------------------------------|---------------------|-------------------|-----------------------------------------------------------|
| Girls 3rd Meet | Wak 56.0 | Wat 30.0 | 01/27/09 | Wob @^ | 56.0 30.0 | Wakefield (G) Watertown (G) |
| 2 mile Event #1 | 5.0 | 4.0 | 1 13:06.0 2 13:30.2 3 14:30.5 | 601 702 716 | Wak Wat Wat | Lisa DeGuglielmo* Jessica Doggett Waleska Alves |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 1000 m Event #2 | 5.0 | 4.0 | 1 3:39.1 2 3:45.9 3 4:36.7 | 614 777 711 | Wak Wat Wat | Renee Scalfani Ariana Zito-Wolf Libby Emery |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 600 m Event #3 | 8.0 | 1.0 | 1 1:50.3 2 1:57.0 3 1:57.3 | 607 630 734 | Wak Wak Wat | Jenn Trant* Kayla Scalfani Bianca Jones |
| Non-scoring | | | 4 2:05.9 | 721 | Wat | Emma Day |
| 300 m Event #4 | 5.0 | 4.0 | 1 45.9 2 46.6 3 51.3 | 605 705 771 | Wak Wat Wat | Molly McGrath* Talia Flores Kelsey Prendergast |
| Non-scoring | | | 4 51.9 | 606 | Wak | Ashley Ronzio |
| 1 mile Event #5 | 6.0 | 3.0 | 1 6:09.5 2 6:41.3 3 6:50.1 | 603 718 626 | Wak Wat Wak | Kim Luciano* Parisa Zarringhalam Allison McGuinness |
| Non-scoring | | | 4 6:57.5 | 735 | Wat | Gabriela D'Amico |
| Hurdles Event #6 | 4.0 | 5.0 | 1 9.4 2 9.8 3 10.1 | Q 719 609 621 | Wat Wak Wak | Alison Holland Charnele Bourque Rachel Wong |
| Non-scoring | | | 4 10.2 | 604 | Wak | Kelly McDonough |
| Dash Event #7 | 6.0 | 3.0 | 1 7.6 2 7.7 3 7.8 | 611 Q 782 619 | Wak Wat Wak | Leanne Goodwin Rachel Thomas Michelle Salvati |
| Non-scoring | | | 4 8.1 | 740 | Wat | Lynsey Daley |
| Shot Event #8 | 9.0 | 0.0 | 1 33'01.25 2 23'09.0 3 23'05.75 | Q 610 616 600 | Wak Wak Wak | Sarah DiTonno Mikaela Denis Taylor Brown |
| Non-scoring | | | 4 23'01.0 | 617 | Wak | Kayleigh Jordan |
| HJ Event #9 | 8.0 | 1.0 | 1 4'11 2 4'09 2 4'09 | 605 621 782 | Wak Wak Wat | Molly McGrath* Rachel Wong Rachel Thomas |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 3rd Meet Relay | | | Relay | | | |
| Relay Event #10 | 0.0 | 5.0 | 1 4:43.7 2 dnr: 0. | Q wat wat | Wat Wak | Watertown (G) Wakefield (G) |

| | | | | | | |
|---------------------|-------------|-------------|-------------------------------------|-------------------------|-------------------|-------------------------------------------------------|
| Boys 3rd Meet | Wak 42.5 | Wat 43.5 | 1/27/2009 | Wob @^ | 42.5 43.5 | Wakefield (B) Watertown (B) |
| 2 mile Event #1 | 6.0 | 3.0 | 1 11:28.7 2 11:55.4 3 12:14.3 | 622 710 630 | Wak Wat Wak | David.Wilson Evan Hecht James .Bridges |
| Non-scoring | | | 4 13:07.9 | 711 | Wat | Eric Hoiseth |
| 1000 m Event #2 | 5.0 | 4.0 | 1 2:55.2 2 2:55.6 3 3:10.9 | 645 723 726 | Wak Wat Wat | Michael Graham Kevin O'Laughlin Don Pham |
| Non-scoring | | | 4 3:12.4 | 639 | Wak | Stephen .Robertson |
| 600 m Event #3 | 4.0 | 5.0 | 1 1:34.9 2 1:41.7 3 1:42.1 | 712 611 609 | Wat Wak Wak | James Holland Tyler.Popp Justin .Maio |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 300 m Event #4 | 3.5 | 5.5 | 1 40.3 2 40.9 3 43.3 | 709 620 601 | Wat Wak Wak | Andrew Grant Cameron.Mitchell James.Andaralo |
| Non-scoring | | | 4 43.3 | 738 | Wat | Eric Yakuze |
| 1 mile Event #5 | 4.0 | 5.0 | 1 5:10.0 2 5:20.8 3 5:31.3 | 733 602 612 | Wat Wak Wak | Ken Szubzda Michael.Andarlao Timothy .Robertson |
| Non-scoring | | | 4 5:40.1 | 644 | Wak | Conor Nixon |
| Hurdles Event #6 | 1.0 | 8.0 | 1 7.7 2 7.9 3 8.1 | 736 719 618 | Wat Wat Wak | Nathan Wilson-Braun Timm Moan Tyler.King |
| Non-scoring | | | 4 8.7 | 607 | Wak | Michael.Fiore |
| Dash Event #7 | 6.0 | 3.0 | 1 6.8 2 7.0 3 7.2 | 608 713 615 | Wak Wat Wak | Andrew .Kuks Stephen Jewers Matthew .D'Arco |
| Non-scoring | | | 4 7.7 | 619 | Wak | Daniel.Liberfarb |
| Shot Event #8 | 0.0 | 9.0 | 1 41'11.5 2 41'04.5 3 40'10.0 | Q 731 Q 713 Q 724 | Wat Wat Wat | Kris Stienhart Stephen Jewers Rogan O'Reilly |
| Non-scoring | | | 4 40'08.25 | 613 | Wak | Jefferey .Sacco |
| HJ Event #9 | 8.0 | 1.0 | 1 5'09 2 5'05 3 5'01 | 607 618 723 | Wak Wak Wat | Michael.Fiore Tyler.King Kevin O'Laughlin |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 3rd Meet Relay | | | Relay | | | |
| Relay Event #10 | 5.0 | 0.0 | 1 4: 03.0 2 4: 06.0 | Wak Wat | Wak Wat | Wakefield (B) Watertown (B) |

| | | | | | | |
|---------------------|-------------|-------------|-------------------------------------|---------------------|-------------------|-------------------------------------------------------|
| Girls 4th Meet | Win 30.0 | Mel 56.0 | 01/27/09 | Wob @^ | 30.0 56.0 | Winchester (G) Melrose (G) |
| 2 mile Event #1 | 3.0 | 6.0 | 1 12:33.2 2 13:16.5 3 13:21.7 | Q 312 805 319 | Mel Win Mel | Emma McGowan Kelsey Holland Svana Calabro |
| Non-scoring | | | 4 13:55.9 | 333 | Mel | April Drafts-Johnson |
| 1000 m Event #2 | 1.0 | 8.0 | 1 3:20.3 2 3:28.2 3 3:37.3 | 325 301 816 | Mel Mel Win | Melanie Monroe Alban Foulser Alex Ritchie |
| Non-scoring | | | 4 3:44.3 | 326 | Mel | Jill Murphy |
| 600 m Event #3 | 5.0 | 4.0 | 1 1:58.6 2 1:58.9 3 1:59.1 | 807 341 310 | Win Mel Mel | Julie Noble Saloni Sachar Stefanie Krasco |
| Non-scoring | | | 4 2:00.2 | 814 | Win | Kelly Ling |
| 300 m Event #4 | 6.0 | 3.0 | 1 47.8 2 50.6 3 51.0 | 802 306 839 | Win Mel Win | Bethany Crowe Alex Kupchaunis Emmaline Kounaves |
| Non-scoring | | | 4 53.6 | 810 | Win | Madeleine Spahr |
| 1 mile Event #5 | 3.0 | 6.0 | 1 5:51.4 2 6:05.5 3 6:15.2 | 332 801 311 | Mel Win Mel | Kelli Halligan Ava Carter Jess Munro |
| Non-scoring | | | 4 6:56.0 | 329 | Mel | Katie Cosman |
| Hurdles Event #6 | 5.0 | 4.0 | 1 9.3 2 10.1 3 10.2 | Q 815 309 314 | Win Mel Mel | Tessa Mediano Jen Bonta Tricia McDermott |
| Non-scoring | | | 4 10.6 | 818 | Win | Antonia Yang |
| Dash Event #7 | 3.0 | 6.0 | 1 7.7 2 7.9 3 8.1 | 303 813 322 | Mel Win Mel | Laura Whelan Leanne Toumayan Maeve Downey |
| Non-scoring | | | 4 8.3 | 317 | Mel | Zoe Zaferiou |
| Shot Event #8 | 4.0 | 5.0 | 1 30'02.0 2 23'09.0 3 23'02.0 | 322 806 822 | Mel Win Win | Maeve Downey Marisa Lopez Clara Lauterwasser |
| Non-scoring | | | 4 22'06.0 | 808 | Win | Holly Rocco |
| HJ Event #9 | 0.0 | 9.0 | 1 4'09 2 4'05 3 4'03 | 309 307 304 | Mel Mel Mel | Jen Bonta Taylor MacDonald Christine Viola |
| Non-scoring | | | 3 4'03 | 827 | Win | Dana Tremallo |
| 4th Meet | | | Relay | | | |
| Relay Event #10 | 0.0 | 5.0 | 1 4:40.1 2 4:41.9 | mel win | Mel Win | Melrose (G) Winchester (G) |

| | | | | | | |
|---------------------|-------------|-------------|---------------------------------------|-------------------|-------------------|-----------------------------------------------------------|
| Boys 4th Meet | Win 54.3 | Mel 31.7 | 1/27/09 | Wob @^ | 54.3 31.7 | Winchester (B) Melrose (B) |
| 2 mile Event #1 | 8.0 | 1.0 | 1 10:50.8 2 11:05.6 3 11:15.2 | 810 806 303 | Win Win Mel | Reid McMurry Gregory Johnston Eliot Calamari |
| Non-scoring | | | 4 12:57.4 | 306 | Mel | Chris Henchey |
| 1000 m Event #2 | 4.0 | 5.0 | 1 3:01.1 2 3:02.0 3 3:03.5 | 332 831 829 | Mel Win Win | Rich Downey Mark Strelow Thomas Santa Maria |
| Non-scoring | | | 4 3:06.1 | 854 | Win | Breden Creane |
| 600 m Event #3 | 6.0 | 3.0 | 1 1:33.0 2 1:33.3 3 1:44.0 | 814 317 824 | Win Mel Win | Davis VanOpdorp Glen Lovett Gerald Lucey |
| Non-scoring | | | 4 1:44.4 | 323 | Mel | Dan Johnson |
| 300 m Event #4 | 4.0 | 5.0 | 1 40.3 2 41.2 3 42.1 | 300 823 847 | Mel Win Win | Kevin Persons Michael Kalfopoulos Oskari Rautiainen |
| Non-scoring | | | 4 42.5 | 318 | Mel | Kevin Salines |
| 1 mile Event #5 | 6.0 | 3.0 | 1 4:56.0 2 5:14.1 3 5:14.4 | 826 336 813 | Win Mel Win | Amos Meeks James Arsenault Patrick Turner |
| Non-scoring | | | 4 5:16.0 | 827 | Win | Ross Nicholson |
| Hurdles Event #6 | 4.0 | 5.0 | 1 8.3 2 9.8 3 9.9 | 302 860 853 | Mel Win Win | Chase McDaniel Mike Miller Berj Chilingirian |
| Non-scoring | | | 4 10.7 | 311 | Mel | James Covino |
| Dash Event #7 | 5.0 | 4.0 | 1 6.7 2 6.8 3 6.9 | 821 333 331 | Win Mel Mel | Peter Deruska James Wilson Troy Harvey |
| Non-scoring | | | 3 7.0 | 850 | Win | Kevin Spang |
| Shot Event #8 | 6.0 | 3.0 | 1 39'08.25 2 37'01.0 3 34'07.25 | 825 308 808 | Win Mel Win | LiangXu Mau Rob Zucchari Raymond Lin |
| Non-scoring | | | 4 33'06.25 | 842 | Win | William Haggett |
| HJ Event #9 | 6.3 | 2.7 | 1 5'03 2 5'03 3 5'03 | 851 821 334 | Win Win Mel | Maximilian Tirey Peter Deruska Joe Singer |
| Non-scoring | | | 4 5'03 | 317 | Mel | Glen Lovett |
| 4th Meet | | | Relay | | | |
| Relay Event #10 | 5.0 | 0.0 | 1 3:55.8 2 4:06.3 | Win Mel | Win Mel | Winchester (B) Melrose (B) |

| Girls | Bel | Rea | 01/27/09 | Wob | 13.0 | Belmont (G) |
|-------------|------|------|------------|-------|------|--------------------|
| 5th Meet | 13.0 | 73.0 | | @^ | 73.0 | Reading (G) |
| 2 mile | | | 1 13:45.1 | 420 | Rea | Alex Testa |
| Event #1 | 0.0 | 9.0 | 2 13:45.8 | 409 | Rea | Janelle Gee |
| | | | 3 13:46.8 | 439 | Rea | Maggie Costello |
| Non-scoring | | | 4 13:49.8 | 36 | Bel | Garcia, Leslie |
| 1000 m | | | 1 3:23.4 | Q 416 | Rea | Julia Perry -Capt. |
| Event #2 | 3.0 | 6.0 | 2 3:26.4 | 2 | Bel | Dooley, Anna |
| | | | 3 3:28.5 | 454 | Rea | Courtney McGinness |
| Non-scoring | | | 4 3:42.3 | 411 | Rea | Michele Hintlian |
| 600 m | | | 1 1:47.2 | Q 405 | Rea | Kelly Cusolito* |
| Event #3 | 1.0 | 8.0 | 2 1:51.1 | 457 | Rea | Mary Quigley |
| | | | 3 1:52.0 | 4 | Bel | Muzzioli, Krista |
| Non-scoring | | | 4 1:54.1 | 417 | Rea | Lauren Riccardi |
| 300 m | | | 1 46.4 | 406 | Rea | Alyssa Dorenfeld |
| Event #4 | 1.0 | 8.0 | 2 46.5 | 456 | Rea | Victoria Perez |
| | | | 3 49.6 | 15 | Bel | Ayanian, Lori |
| Non-scoring | | | 4 49.7 | 429 | Rea | Courtney Farrar |
| 1 mile | | | 1 5:37.1 | Q 400 | Rea | Lauren Almeida* |
| Event #5 | 1.0 | 8.0 | 2 6:06.9 | 455 | Rea | Micayla Oniskey |
| | | | 3 6:17.0 | 64 | Bel | Murphy, Abbey |
| Non-scoring | | | 4 6:20.3 | 18 | Bel | Harris, Julia |
| Hurdles | | | 1 9.2 | Q 1 | Bel | Carter, Jessica |
| Event #6 | 5.0 | 4.0 | 2 9.4 | Q 443 | Rea | Kara Freeman |
| | | | 3 9.8 | 426 | Rea | Kate Collins |
| Non-scoring | | | 4 10.2 | 5 | Bel | Russo, Rebecca |
| Dash | | | 1 7.5 | Q 407 | Rea | Olivia Dyson* |
| Event #7 | 1.0 | 8.0 | 2 7.6 | Q 425 | Rea | Chelsee Cheek |
| | | | 3 7.6 | Q 56 | Bel | Carter, Alyson |
| Non-scoring | | | 4 7.8 | 447 | Rea | Meg Kelly |
| Shot | | | 1 29'05.75 | 401 | Rea | Melissa Carlson |
| Event #8 | 0.0 | 9.0 | 2 29'0.25 | 406 | Rea | Alyssa Dorenfeld |
| | | | 3 28'08.25 | 405 | Rea | Kelly Cusolito* |
| Non-scoring | | | 4 26'01.25 | 5 | Bel | Russo, Rebecca |
| HJ | | | 1 5'03 | Q 407 | Rea | Olivia Dyson* |
| Event #9 | 1.0 | 8.0 | 2 5'01 | Q 425 | Rea | Chelsee Cheek |
| | | | 3 4'07 | 29 | Bel | Biette, Cassandra |
| Non-scoring | | | 4 4'05 | 400 | Rea | Lauren Almeida* |
| 5th Meet | | | Relay | | | |
| Relay | 0.0 | 5.0 | 1 4:34.6 | rea | Rea | Reading (G) |
| Event #10 | | | 2 4:36.4 | bel | Bel | Belmont (G) |

| Boys | Bel | Rea | 1/27/2009 | Wob | 13.0 | Belmont (B) |
|-------------|------|------|------------|-------|------|-------------------|
| 5th Meet | 13.0 | 73.0 | | @^ | 73.0 | Reading (B) |
| 2 mile | | | 1 10:56.4 | 451 | Rea | Matt Metzger |
| Event #1 | 0.0 | 9.0 | 2 11:06.9 | 427 | Rea | Sean Hagan |
| | | | 3 11:59.6 | 480 | Rea | Jason Tavoletti |
| Non-scoring | | | 4 12:22.7 | 30 | Bel | Andrew Fine |
| 1000 m | | | 1 2:46.8 | Q 425 | Rea | Peter Finigan |
| Event #2 | 1.0 | 8.0 | 2 2:49.5 | 495 | Rea | Brian Greenfield |
| | | | 3 2:50.8 | 29 | Bel | Tim Deignan |
| Non-scoring | | | 4 2:50.8 | 411 | Rea | Andrew McDonagh |
| 600 m | | | 1 1:33.3 | 452 | Rea | Brad Porter |
| Event #3 | 1.0 | 8.0 | 2 1:34.7 | 441 | Rea | Matt Whalen |
| | | | 3 1:34.7 | 31 | Bel | Jamie Fischer |
| Non-scoring | | | 4 1:35.3 | 412 | Rea | Andrew McGlathery |
| 300 m | | | 1 39.3 | Q 494 | Rea | John Tuttle |
| Event #4 | 0.0 | 9.0 | 2 40.1 | 498 | Rea | Matt DalPozzo |
| | | | 3 40.6 | 406 | Rea | Chaz Cunningham |
| Non-scoring | | | 4 41.2 | 51 | Bel | Dan McCarthy |
| 1 mile | | | 1 4:54.3 | 410 | Rea | Michael Kennedy |
| Event #5 | 1.0 | 8.0 | 2 4:54.8 | 438 | Rea | Steven Tavoletti |
| | | | 3 4:54.9 | 20 | Bel | Chris Stadler |
| Non-scoring | | | 4 5:03.2 | 417 | Rea | Brendan Sage |
| Hurdles | | | 1 9.0 | 1 | Bel | Lincoln Hill |
| Event #6 | 5.0 | 4.0 | 2 9.0 | 420 | Rea | Zachary Angelini |
| | | | 3 9.1 | 497 | Rea | Sean Gildea |
| Non-scoring | | | 4 9.4 | 487 | Rea | Ian West |
| Dash | | | 1 6.8 | 434 | Rea | Jason Ma |
| Event #7 | 0.0 | 9.0 | 2 6.8 | 430 | Rea | Harry Klein |
| | | | 3 6.8 | 1404 | Rea | Pat Mahoney |
| Non-scoring | | | 4 7.0 | 453 | Rea | Nick Scali |
| Shot | | | 1 42'02.25 | 414 | Rea | Ben O'Shea |
| Event #8 | 0.0 | 9.0 | 2 39'07.5 | 403 | Rea | Kevin Allard |
| | | | 3 38'0.25 | 1403 | Rea | Stanley Andre |
| Non-scoring | | | 4 36'04.0 | 426 | Rea | Andrew Gray |
| HJ | | | 1 5'07 | 408 | Rea | James Gaewsky |
| Event #9 | 0.0 | 9.0 | 2 5'03 | 428 | Rea | Zach Hennings |
| | | | 3 5'03 | 453 | Rea | Nick Scali |
| Non-scoring | | | 4 ~ | 0 | ~ | ~ |
| 5th Meet | | | Relay | | | |
| Relay | 5.0 | 0.0 | 1 3:51.8 | Bel | Bel | Belmont (B) |
| Event #10 | | | 2 3:54.1 | Rea | Rea | Reading (B) |