

2008-2009 Girls' Indoor Track Signup

{Please print clearly.}

Name:

Address:

ZIP CODE

Phone#

Emergency Phone#

E-Mail:

YOG: 2012 2011 2010 2009 (circle one)

TEAM STATUS: FIRST TIME TEAM MEMBER _____ RETURNING TEAM VETERAN _____

*******TEAR HERE** *******TEAR HERE*******

2008 Signup Checklist of WHAT, WHEN and HOW

to become a Lexington Indoor Track Team Member.

DUE Date

- | | |
|--|---------------|
| 1. I HAVE A VALID PHYSICAL ON RECORD WITH THE SCHOOL NURSE DATED AFTER 11/26/07 DONE _____ | 1-Dec |
| 2. MY PARENT PERMISSION FORM IS COMPLETE AND TURNED IN TO THE LEXINGTON AD? DONE _____ | 1-Dec |
| 3. I HAVE REVIEWED TEAM EXPECTATIONS AND AM READY TO COMMIT MYSELF AS A TEAM MEMBER. DONE _____ | 5-Dec |
| 4. I HAVE SHARED TEAM EXPECTATIONS WITH MY PARENTS. THEY SUPPORT MY COMMITMENT. DONE _____ | 5-Dec |
| 5. WE HAVE SIGNED THE TEAM EXPECTATION CONTRACT AND TURNED IT IN TO COACH CROSBY. DONE _____ | 10_dec |
| 6. I HAVE COMPLETED THE "USER FEE" PROCESS, PAID THE FEE OR SUBMITTED A WAIVER. DONE _____ | 10-Dec |

You are invited to participate as a team member during the week of Dec. 1-4 when 1 & 2 have been completed.

I am a full, "bona fide", team member without conditions when 1 through 6 have been completed.

ONLY "bona fide" TEAM MEMBERS CAN PRACTICE AFTER 10_December2008

All forms, team schedules, meet schedules and team expectations available at

(<http://mlxctrack.com/LexGirls.html>)

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